



Coronary Angiogram Office: 416-480-6100 Extension 7160  
Coronary Angioplasty Office: 416-480-6100 Extension 3234

Outpatient Cath B3: 416-480-6100 Extension 7883

B3 Short Stay: 416-480-6100 Extension 7604

## **CATH/PCI PATIENT INFORMATION LETTER**

You have been scheduled for **angiogram +/- coronary angioplasty** on:

\_\_\_\_\_.

Please report to **B3 Outpatient Cath Lab** at \_\_\_\_\_ the morning of your procedure. Angioplasty patients will be admitted to **B3 Cardiac Short Stay Unit**. Be prepared for discharge home later that day or the day following the procedure.

### **WHAT TO DO:**

You **WILL NOT BE ABLE TO DRIVE** yourself home the day of discharge. Arrange for a family member or friend to drive you home.

Take your usual medications in the morning unless instructed otherwise. We will provide what you need in hospital. **DO NOT Take Metformin** the day before, the day of and the day after the procedure. Insulin should be taken as prescribed by your Doctor or Nurse. **DO NOT** take any other diabetic medications on the day of your procedure.

Shower the morning of admission. **Do not** shave your groin area.

You may have a clear fluid breakfast (**no milk or anything solid**) the morning of admission.

If you require accommodation the night before your procedure, please enquire. You may wish to book a room in a nearby hotel.

### **WHAT TO BRING:**

Bring a translator, if you need one, the day of the procedure. **There is limited space so visitors are restricted to one per patient. No young children are permitted.**

Bring toilet items, slippers, reading material and comfortable clothes to wear home. There is limited storage space so only bring in items that are necessary. Please leave all valuables at home.

Your family or friend may wait for you in the **A337 Waiting Room** while you have the procedure. There are cafeteria facilities on **E1** and **M1**.

For questions or concerns regarding the procedure, please call the number listed above.